

CLOUD SECURITY REMINDERS

Enable multi-factor authentication (MFA) that requires a separate device when possible, such as Yubico, see https://www.yubico.com

Practice good password hygiene: A long unique pass phrase that uses MFA

Never save passwords in your browser use a password manager

Keep work-related communication to systems approved. Anything that is sensitive should use Signal, discover more at https://signal.org

Check privacy/location/security settings on apps and restrict any unnecessary access. See our tips at adventist.technology/privacy-tips

Log out of all apps on your device when not using them, especially before going through customs or police checkpoints

Do not post your real-time locations and activities on social media

Make sure you enable your Internet VPN before you access cloud-based applications

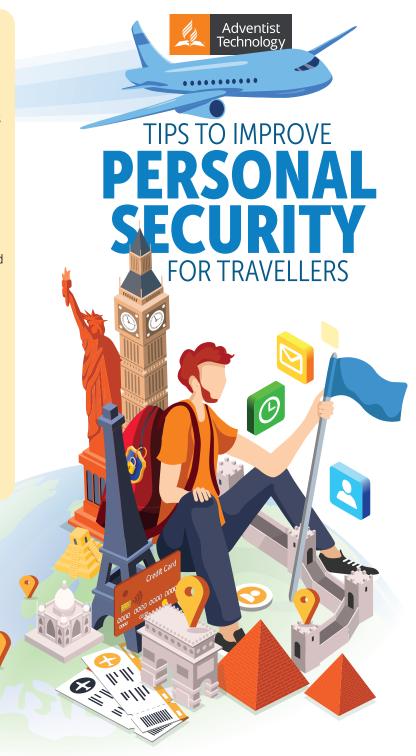
Be a smart surfer. Use Brave for a more secure browser on any device.

For more information or help to be cyber-safe visit adventist.technology



Adventist Technology

for mission



PERSONAL SECURITY TIPS FOR TRAVELLERS

Whether you travel often or you're getting ready for a once-in-alifetime holiday, it's important to think about safety as part of your travel preparations. Nothing ruins an overseas holiday or work trip guicker than getting sick, scammed or robbed when you travel! How can you enjoy travelling the world and remain safe?

The following tips can help travellers plan for a safe and enjoyable trip and may reduce the risk of different types of crimes.



Back up your devices use

cloud storage or an

Enable tracking.

vour devices, such as Apple's

trackers, such as Air Tags or

items if they are lost or stolen.

Find Mv. Also consider physical

Install tracking apps on

Google Tiles. These will help you locate

external hard drive.

BEFORE YOU GO:

research. Get to know your destination in depth before you arrive. Read traveller reviews and ask locals for information about the safest neighbourhoods. places to stay and things to watch out for.

Do your

Make Copies. Keep digital and printed copies of your passport, credit cards and emergency contact numbers. Leave one set of copies at home with someone you trust.

Invest in a good bag. Cross-body bags are safer than shoulder or hand your bag as they run or drive by. Look for features such as slash-proof straps, RFID blockers, and locking zippers.



Have a

this is a small bag

that can be taken

with you in case of

a local emergency,

political, fire, or other

event. Store in this bag any

critical medications and a few

emergency supplies like food

and contact numbers, a small

Be known.

your countries embassy

so they can accurately

and quickly contact you in

case of an emergency like a

natural disaster, civil unrest,

dollars and some old

a real passport and real credit

cards in a hidden wallet.

alert co-workers and family of

your true state of health if you

expired credit cards. Keep

or a family emergency.

register with

Get a throwaway

wallet, Add 40

Develop Code words.

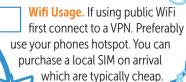
These can be used to

power bank for your mobile

and enough cash for guick

transport out of the area.

"Go Bag"



FOR THE FLIGHT:

Log Out. Make sure you have logged out of all devices and applications before you go through Airport security.

The right seat. If you often aet motion sickness, book a seat over the wing, which is more stable. If you are tall and need more leg room, book in the emergency row.

Are you well? Reconsider your trip if you have an ear or sinus infection. toothaches and postponed root canals as the changing air pressure will intensify the pain of these conditions.

Medications. Bring all your medications in your carry-on luggage.

Move. Blood clots and are more likely to occur when you sit for long periods of time. Getting up at least every two hours is a good idea to keep your blood flowing.

ON THE GO: Charged Up. Use vour own power adapters or battery banks. Plugging into free USB power ports could compromise

your device.

Blend in. Do not draw unnecessary attention to yourself with flashy jewellery or tech. People who look like they're from out of town are especially vulnerable to crime. Also be mindful of local customs, traditions, and dress codes to avoid standing out or causing offence.

> **Avoid Public** Transit if possible. Get in and out of the bus/ train terminal ASAP.

Taxi Tips. Do not share a taxi and only use official taxis, sit in the back seat, lock the doors. and negotiate the price beforehand. If you use Uber, go to Account Settings—Verify Your Ride—Use PIN to verify Ride.

Rental Cars Hire. Take "before" and "after" photos of the vehicle, including the license plate, VIN and dashboard readings (mileage and fuel level). Don't leave the rental car location if you are not 100% satisfied with the condition of the car.

> Parking. If possible, back into parking spaces so you can leave faster if you need.

Out of Sight. Place valuables in the boot of your car out of sight. Do no pair your phone in a rental car.

Prevent physical theft of any tech devices, do not leave electronic devices unattended.

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Eating out. Be extra careful of DO AC street food and local ice in some countries. Food and water-borne illnesses can occur anywhere. Before any trip, review the Centers for Disease Control and Prevention (CDC) travel quidelines for your destination country to understand what you should and shouldn't consume.

> Be careful what you say. Never comment on local social or political events on your social media. Criticise the local authorities could put you at risk, even if that wasn't your intention. Be aware that phone networks may be monitored as well in some destinations. When making sensitive calls, use an encrypted Voice over Internet Protocol (VoIP) or Signal service on your own device rather than the local phone network.





when you're finished and clear your browser history, cookies and caches each time you finish browsing.