

Adventist Risk Management & International SOS

A partnership that supports you

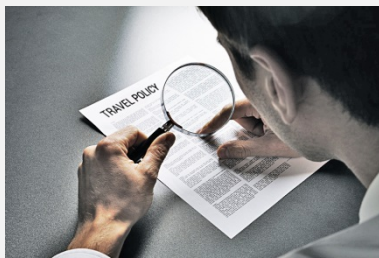


Adventist Risk Management has partnered with International SOS to offer our staff medical, safety and security advice, referrals and routine & emergency assistance when travelling or living abroad. We strongly recommend that you follow the steps below to familiarise yourself with this new partnership and the services available to you in preparation of your next trip and while overseas.



Contact International SOS anytime, anywhere when you venture out of the country as your representative.
Consider them your reliable, virtual advisor for both critical and routine questions.

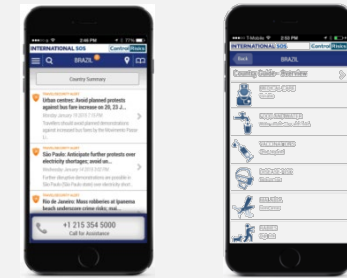
PRIOR TO DEPARTURE



1

READ YOUR TRAVEL GUIDELINES

Read your organization's travel guidelines and ensure you are compliant.



2

DOWNLOAD THE ASSISTANCE APP

The mobile app provides immediate access to the assistance centre where medical, security or logistical experts are on hand to provide routine advice or support in an emergency. You will find up-to-date advice and real-time alerts for the locations you are travelling to.

1. Download the App on your mobile.
2. Select 'Yes' when you run the app to make it a trusted application.
3. Create a profile using your email, desired password, and **select "Yes" for Adventist Risk Management.**
4. If your email domain is not recognized, you may be prompted to enter your company membership number, if this occurs please enter:

11BCAM749125.



3

CALL OR GO ONLINE

There are many questions you should ask before you depart. International SOS medical and security specialists are on hand 24 hours a day to answer your queries and concerns.

Save the assistance centre number to your mobile now:

Philadelphia Assistance Center: +1 215 942 8226.

Before departing on your overseas assignment, a great place to start your pre-trip preparation is the online portal (internationalsos.com). Using our membership number (**11BCAM749125**) you can log into the portal and view up-to-date medical and security information and receive alerts to your email or smartphone.

International SOS will assist you no matter how big or small your request might be and we encourage you to call for help any time, day or night. Whether you have lost your wallet, need medical advice or assistance, a referral to a doctor, or require a full scale evacuation, International SOS can assist you.

PRE-DEPARTURE

- As soon as you know you are traveling, sign yourself up for email alerts for each of the countries/cities you will travel to or through
- Review the country guides
- Contact the assistance center (available 24/7) to get a travel brief over the phone
- Ensure your International SOS App is active – allowing you access to medical and security alerts while you're away

DURING TRAVEL OR EXCHANGE

Call an assistance center 24/7 if you:

- Are not feeling well
- Need a referral for a doctor, dentist or other care
- Need emotional support
- Hear of travel disruption affecting your itinerary
- Hear of adverse weather or a natural disaster that impacts your itinerary
- Feel unsafe, hear of riots or protests outside your hotel or place of business
- Require a language translator, even in a cab
- Need prescriptive medication
- Your wallet /passport/ identification documents are lost or stolen
- Require a cash advance
- Are the victim of a theft or assault

IN AN EMERGENCY

Call an assistance center 24/7 in any emergency situation. International SOS will assist you and your managers with:

- Hospitalization and medical monitoring (including upfront payment to ensure emergency admission)
- Step-by-step security instructions and advice to ensure your safety
- Operational and logistical management of your medical and/or security evacuation
- Liaising with your family members and ARM with updates on your situation
- Post-incident follow-up and return to work assistance

No matter how small your concern may feel, when in doubt, call International SOS for support. With a global network of medical and security specialists, International SOS is well equipped to support you.



INTERNATIONAL SOS MEMBERSHIP I.D.

MEDICAL AND SECURITY ASSISTANCE

Seventh-day Adventist Church

Membership I.D. 11BCAM749125

Download your free Assistance App from app.internationalsos.com

Call our medical and security experts 24/7.
Call for preventive or emergency enquiries.
Call before, during and after travel or assignment.

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WORLDWIDE REACH. HUMAN TOUCH.

internationalsos.com/members